Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Sunday 26 Mar 2023 until 23:59 on Monday 27 Mar 2023

Forecast Issued on Saturday 25 Mar 2023 at 15:14 by Met Office Aberdeen

Confidence: Generally high confidence for cold, showery conditions on Sunday, dry Monday and turning wetter and milder from Tuesday.

Headline for Sunday 26 Mar 2023: Sunny spells but cold with a few wintry showers.

Mountain weather hazards on Sunday 26 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light snow	Cloudy	Partly cloudy (night)	Light snow showers	Sunny intervals	Sunny intervals	Sunny intervals	Clear night
Precipitation probability							
60%	20%	20%	40%	30%	20%	10%	10%

Forecast for Sunday 26 Mar 2023

Weather: Cloud and outbreaks of sleet or snow clearing southwards through the early hours, allowing some clear spells to break through in the north by dawn. A few wintry showers will push southwards through the morning and early afternoon, mainly affecting the north. Mainly dry and clear into the evening.

Chance of cloud-free hill tops above 800m: 30% during the early hours, improving to 80% or higher by morning.

Low Cloud and visibility: Poor or very poor visibility in snow, with broken cloud base 500-700m at first, soon clearing south. Otherwise good visibility but temporarily reducing to poor or very poor in snow showers, with scattered low cloud, base 500-700m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 26 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	19/25 E	23/29 E	23/30 NE	24/31 NE	20/28 N	19/27 N	20/28 N	19/24 N	15/19 N
900	18/25 E	19/27 E	18/25 NE	18/25 NE	16/23 N	16/23 N	17/24 N	13/18 N	9/13 N
600	20/26 E	22/28 NE	19/25 NE	19/26 NE	16/23 N	15/21 N	15/22 N	10/15 N	5/9 NW
300	6/12 NE	6/11 NE	8/15 NE	13/20 NE	12/19 N	11/19 N	10/19 N	5/10 N	4/7 N
Glen	10/21 NE	7/17 NE	8/19 NE	10/19 NE	9/18 N	10/19 N	8/17 N	4/11 N	3/6 NW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-6/-14	-6/-15	-7/-16	-8/-17	-7/-16	-7/-15	-7/-16	-9/-17	-9/-16
900	-3/-10	-4/-12	-5/-12	-4/-12	-3/-10	-3/-10	-4/-11	-6/-12	-6/-12
600	-0/-7	-1/-8	-2/-9	-2/-9	-1/-7	-0/-6	-1/-7	-3/-8	-3/-7
300	2/-1	1/-2	0/-4	1/-4	2/-2	3/-2	2/-2	-1/-4	-2/-4
Glen	4/-0	3/-0	2/-1	4/-0	5/2	6/3	4/1	1/-1	-0/-2
Freezing Level*	400m	200m	100m	100m	200m	100m	100m	00m	00m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of the very cold feels like temperatures at height, despite the sunshine.

Forecast for Monday 27 Mar 2023
Weather: Dry with prolonged sunshine throughout the day.

Maximum wind: Northerly 10-15 mph at first, becoming light, then southerly 10-15 mph gust 25 mph by evening.

Chance of cloud-free hill tops above 800m: >90%

Low Cloud and visibility: Very good visibility.

Temperature: **Glens:** Minus 2 rising to plus 6 Celsius.
At 800m: Minus 6 rising to minus 2 Celsius.
Freezing level: At the surface, rising to 400m later.

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